

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

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Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?
A health assessment is the collection, clinical judgment, and evaluation of data to plan as well as be sure to deliver patient-centered care while accounting for patient's preferences, goals, and needs.
2. What assessment technique requires observation?
Comprehensive Assessment
3. What type of sounds will you hear with the diaphragm of a stethoscope?
High pitched sounds, including breath sounds, bowel sounds, and heart sounds.
4. When palpating a client, you should use what side of the fingers?
Palmar surfaces and finger pads.
5. True or **False**: When auscultating, you should always apply firm, hard pressure with the stethoscope.
6. What is percussion?
Striking or tapping of a body part is used as a diagnostic technique by listening to the sounds it produces.
7. List two tools that can be used for inspection.
Penlight, tape measure
8. What is subjective data?
Data spoken by client, client complaints.
9. What is objective data?
What you observe, such as measurements and behaviors.
10. **True** or **False**: A chief complaint is the client's reasoning for seeking medical care?