

Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?
An individual who has a disease impacting their mood/behavior/ thinking processes.
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide? *"I am here for you;" "I'll stay here with you for a while"*
"Tell me what you are thinking" provide silence

3. What is a Mental Status Examination?

An assessment that covers all aspects of an individual, including physical appearance, behavior, personal info, speech, mood, disordered thought, perceptual disturbances, cognition, and harmful ideation.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

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| a. diagnostic overshadowing | e. social distancing |
| b. patient-centered care | f. stigmatization |
| c. screening | g. suicide prevention |
| d. SBIRT | h. trauma-informed care |

- b 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership
- f 2. An attitude of devaluing a person because of a particular characteristic or illness
- d 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment
- a 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness
- g 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts
- h 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention
- C 7. The identification of clinically significant symptoms that require further assessment and intervention
- e 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people

with mental illness or addiction