

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?
 - A health assessment involves the collection, clinical judgment, and evaluation of data to plan and deliver patient-centered care while accounting for the client's preferences, goals, and needs.
2. What assessment technique requires observation?
 - inspection
3. What type of sounds will you hear with the diaphragm of a stethoscope?
 - High pitched sounds: breath sounds or bowel movement
4. When palpating a client, you should use what side of the fingers?
 - dorsal surface or back of hand
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.
 - false
6. What is percussion?
 - The action of tapping on an area of the body to hear for air, fluid or solid filled organs.
7. List two tools that can be used for inspection.
 - Pulse oximeter and pen light
8. What is subjective data?
 - Client's reasoning, symptoms
9. What is objective data?
 - Health care professional observation and measurements
10. True or False: A chief complaint is the clients reasoning for seeking medical care?
 - True