

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**

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**Assessment Day 1 Class Prep Worksheet**

**Madison Barber**

1. What is a health assessment?  
A health assessment is an evaluation of all aspects of a patient's health, where that information can then help formulate a care plan that is catered for their specific needs.
2. What assessment technique requires observation?  
Inspection is an assessment technique that requires observation.
3. What type of sounds will you hear with the diaphragm of a stethoscope?  
With the diaphragm of the stethoscope, you will hear higher pitched sounds such as bowel sounds, breath sounds, and expected heart sounds.
4. When palpating a client, you should use what side of the fingers?  
When palpating a patient, you should use the back side of the fingers.
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.  
False
6. What is percussion?  
Percussion is the use of tapping over an organ and depending on the sound it makes can help determine any present issues.
7. List two tools that can be used for inspection.  
A penlight and a pulse oximeter can be used for inspection.
8. What is subjective data?  
Subjective data is information that the patient tells you.
9. What is objective data?  
Objective data is information that is retained from assessments. This is observable.
10. True or False: A chief complaint is the client's reasoning for seeking medical care?  
True