

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment? The collection, clinical judgement, and evaluation of data to plan and deliver patient-centered care while accounting for the client's preferences, goals, and needs.
2. What assessment technique requires observation? Inspection
3. What type of sounds will you hear with the diaphragm of a stethoscope? Auscultation- sounds of heart, intestines, lungs, stomach, and arteries
4. When palpating a client, you should use what side of the fingers? Dorsal or back side
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope. False
6. What is percussion? Tapping of the client's skin with a short, quick motion to determine vibrations and sounds depending on the underlying structure or organ that is percussed
7. List two tools that can be used for inspection. Penlight and tape measure.
8. What is subjective data? Unmeasurable data, spoken words, statements, or descriptions for the patient. Concerns and complaints.
9. What is objective data? What you observed, measurable results, behaviors, or the patient's condition
10. True or False: A chief complaint is the client's reasoning for seeking medical care? True