

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment? **The gathering and evaluation of data with clinical judgement to assess how to move forward with a patient's diagnosis keeping in mind to care holistically, or for the whole person, not just treating their symptoms.**
2. What assessment technique requires observation? **Physical assessment of the body.**
INSPECTION!
3. What type of sounds will you hear with the diaphragm of a stethoscope? **Higher pitched sounds like bowel sounds, breathing, and the heart sounds (lub dupp).**
4. When palpating a client, you should use what side of the fingers? **The fingertips and be sure not to use your thumb since it has a pulse and could interfere with determining the pulse of the patient.**
5. True or **False**: When auscultating, you should always apply firm, hard pressure with the stethoscope.
6. What is percussion? **Striking or tapping a body part and forming a diagnosis determined by the sound heard during tapping.**
7. List two tools that can be used for inspection. **A penlight for assessing pupil size and reaction, and a tongue depressor to observe oral mucosa.**
8. What is subjective data? **Data spoken by the patient; symptoms as described by them. With this data you use quotations over client's exact words about their condition.**
9. What is objective data? **Observed results such as measurements, behaviors, and client's overall condition.**
10. **True** or **False**: A chief complaint is the clients reasoning for seeking medical care?