

**Margaret H. Rollins School of Nursing  
N201 Nursing Care of Special Populations  
MENTAL HEALTH NURSING**

**Class Preparation**

**Directions: Answer the following questions:**

1. What is your perception of an individual with a mental illness? My perception of an individual with a mental illness is suffering from chemical imbalances in the brain that could've been genetic, from birth, or trauma- induced.
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide? I could attempt to ask for who their support is or find out what interest them to help them cling to some sort of hope.
3. What is a Mental Status Examination? A mental status examination is the evaluation of a patient's current mental capacity that is not limited to their general appearance, mood, behavior, perceptions/ beliefs, and overall cognition state.

**Directions:** Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

~~a. diagnostic overshadowing~~

~~e. social distancing~~

~~b. patient-centered care~~

~~f. stigmatization~~

~~c. screening~~

~~g. suicide prevention~~

~~d. SBIRT~~

~~h. trauma-informed care~~

B- 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

F-. An attitude of devaluing a person because of a particular characteristic or illness

D- 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

C- 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

G- 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

H- 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

A- 7. The identification of clinically significant symptoms that require further assessment

Kimberly Joseph  
and intervention

E- 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people  
with mental illness or addiction