

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment? Evaluation of the patient, overall or focused.
2. What assessment technique requires observation? The assessment part requires observation, interviews and physical exam of the patient.
3. What type of sounds will you hear with the diaphragm of a stethoscope? S1 & S2, breath sounds & murmur if present. Bowel sounds.
4. When palpating a client, you should use what side of the fingers? Use finger pads
5. True or **False**: When auscultating, you should always apply firm, hard pressure with the stethoscope.
6. What is percussion? Tapping on a certain area of the body for the assessment.
7. List two tools that can be used for inspection. Stethoscope for auscultation, hands for palpation, ROM and muscle strength.
8. What is subjective data? Patient's reason for seeking healthcare, physical signs and symptoms.
9. What is objective data? Data that is observed by the nurse.
10. **True** or False: A chief complaint is the clients reasoning for seeking medical care?