

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?

When the nurse gathers information from the client through interview, physical exam and observation.

2. What assessment technique requires observation?

Inspection

3. What type of sounds will you hear with the diaphragm of a stethoscope?

High pitched sounds

4. When palpating a client, you should use what side of the fingers?

Palmar surfaces and finger pads

5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.

False

6. What is percussion?

Striking and tapping of a body part used a diagnostic by listening to the sounds produced

7. List two tools that can be used for inspection.

Pulse Oximeter and Penlight

8. What is subjective data?

The client's reason for visiting the provider

9. What is objective data?

The nurse's observations or measurements of a client's health condition

10. True or False: A chief complaint is the clients reasoning for seeking medical care?

True