

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?
Assessment begins the nursing process as it gathers data when forming a diagnosis while providing therapeutic goals for the patient. When performing an assessment, you gather patient data to establish a database of information. Including a baseline, health concerns, and how to manage their health care needs carrying forward.
2. What assessment technique requires observation?
Collection requires observation while gathering information.
3. What type of sounds will you hear with the diaphragm of a stethoscope?
High-pitched sounds in the heart, lungs, and bowel.
4. When palpating a client, you should use what side of the fingers?
Bottom of the fingers, like the side someone would take your fingerprint on.
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.
False
6. What is percussion?
Percussion is when an advanced provider taps or strikes the body's surface to hear a sound or feel a vibration, however percussion is not routinely used. Which helps reveal location, size, and density of underlying structures, whether tissue is fluid-filled, air-filled, or solid.
7. List two tools that can be used for inspection.
For inspection you can use your senses such as vision and hearing.
8. What is subjective data?
Subjective data is information you gain from the patient, which then provides clues to their illness. Such as "I haven't been able to catch my breath the past couple of days."
9. What is objective data?
Objective data is factual data that has been observed and recorded by a professional.
For example, vital signs or even swollen ankle.
10. True or False: A chief complaint is the client's reasoning for seeking medical care?
True