

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment? A health assessment is gathering data and forming a tentative diagnosis and defining goals as to how to help the patient
2. What assessment technique requires observation? An objective assessment is where we observe
3. What type of sounds will you hear with the diaphragm of a stethoscope? Detects high pitch sounds
4. When palpating a client, you should use what side of the fingers? You will want to use palmar surface the palm side of the hand
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.
6. What is percussion? It is tapping or striking body surface to elicit sounds that can be heard or vibrations that can be felt
7. List two tools that can be used for inspection. Stethoscope, pen light
8. What is subjective data? Patients description of the problem, may be reported as a quotation, provides clues to the problem
9. What is objective data? Factual data, can be measured and tested
10. True or False: A chief complaint is the clients reasoning for seeking medical care?