

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment? A collection of clinical judgement and evaluation of data to deliver proper patient care based on their needs, goals and more.
2. What assessment technique requires observation? The general survey
3. What type of sounds will you hear with the diaphragm of a stethoscope? You will hear high pitched sounds like breath sounds, bowel sounds and expected heart sounds.
4. When palpating a client, you should use what side of the fingers? The palmar surface of the fingers and pads
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope. false
6. What is percussion? An advanced skill that tells you if a patient has area in an organ or body structure with fluid air or if it is just solid.
7. List two tools that can be used for inspection. Penlights for pupil sizes and a tape measure to measure wounds, bruising, etc.
8. What is subjective data? Data that is not facts, there is opinion or no full proof behind it.
9. What is objective data? Data that is facts, like measurements and numbers that you get from taking vitals.
10. True or False: A chief complaint is the clients reasoning for seeking medical care? true