

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 3 Class Prep Assignment

1. What are types of vital signs?

B

- a. Oxygen saturation, vision, dental
- b. Temperature, pulse, respiration, blood pressure, oxygen saturation
- c. Temperature, blood pressure, visual acuity
- d. Heart rate, intracranial pressure, pulse point

2. Which blood pressure would be abnormal for an adult?

A

- a. 170/98
- b. 120/60
- c. 120/80
- d. 130/70

3. What is the normal body temperature?

D

- a. 99.5
- b. 101
- c. 92.6
- d. 98.6

4. Why are vital signs important?

A

- a. They indicate the overall wellbeing of the patient
- b. They are not important
- c. So you have something to chart
- d. To keep the patient in the hospital longer

5. What three things may increase the body temperature?

A

- a. Illness, infection, environment
- b. Sleep, cold, malnutrition
- c. Exercise, cold water, eating
- d. Illness, fasting, mouth breathing

6. Name three pulse points?

B

- a. Neck, foot, head
- b. Carotid, brachial, popliteal
- c. Abdomen, heart, lung
- d. Rib, artery, pancreas

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 3 Class Prep Assignment

7. The pulse point in the neck is called?

- D**
- a. Neck pulse
 - b. Dorsalis pedis
 - c. Femoral
 - d. Carotid**

8. The top number of the blood pressure reading is called?

- A**
- a. Systolic**
 - b. Systemic
 - c. Selective
 - d. Symmetrical

9. The bottom number of the blood pressure is called?

- D**
- a. Diabolic
 - b. Distilled
 - c. Diabetic
 - d. Diastolic**

10. Respirations is the process of breathing in _____ and expelling _____.

- B**
- a. Air, helium
 - b. Oxygen, carbon dioxide**
 - c. Oxygen, air
 - d. Water, bubbles

11. A pulse rate of 52 beats per minute is considered?

- D**
- a. Tachycardia
 - b. Tachypnea
 - c. Apnea
 - d. Bradycardia**

12. Vital signs re normally taken when the person is?

- C**
- a. Standing only
 - b. Lying down only
 - c. Sitting or lying down**
 - d. Sleeping

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 3 Class Prep Assignment

13. Your patient has a rectal temperature of 95.6. This is considered?

A

- a. Out of normal range
- b. Within normal range
- c. Abnormal
- d. Hyperthermia

14. What is the **most** common site for taking a pulse in an adult?

A

- a. Radial
- b. Brachial
- c. Pedal
- d. Carotid

15. Which pulse rate would be of greatest concern for an adult?

B

- a. 62
- b. 48
- c. 80
- d. 74

16. What artery is used to measure blood pressure?

D

- a. Carotid
- b. Radial
- c. Femoral
- d. Brachial

17. All of the following factors tend to increase blood pressure, **EXCEPT?**

A

- a. Sleeping
- b. Stress
- c. Pain
- d. Exercise

18. Your patient has a blood pressure of 80/56, this is considered?

C

- a. Hypertension
- b. Hypocardia
- c. Hypotension
- d. Hypercardia

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 3 Class Prep Assignment

19. How many respirations should a healthy adult have per minute?

- B**
- a. 60-90
 - b. 12-20
 - c. 18-30
 - d. 100-120

20. When a person is having a difficult time breathing or has labored breathing, this is considered?

- D**
- a. Tachypnea
 - b. Apnea
 - c. Bradypnea
 - d. Dyspnea