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Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 3 Class Prep Assignment

1. What are types of vital signs?
   a. Oxygen saturation, vision, dental
   b. Temperature, pulse, respiration, blood pressure, oxygen saturation
   c. Temperature, blood pressure, visual acuity
   d. Heart rate, intracranial pressure, pulse point

2. Which blood pressure would be abnormal for an adult?
   a. 170/98
   b. 120/60
   c. 120/80
   d. 130/70

3. What is the normal body temperature?
   a. 99.5
   b. 101
   c. 92.6
   d. 98.6

4. Why are vital signs important?
   a. They indicate the overall wellbeing of the patient
   b. They are not important
   c. So you have something to chart
   d. To keep the patient in the hospital longer

5. What three things may increase the body temperature?
   a. Illness, infection, environment
   b. Sleep, cold, malnutrition
   c. Exercise, cold water, eating
   d. Illness, fasting, mouth breathing

6. Name three pulse points?
   a. Neck, foot, head
   b. Carotid, brachial, popliteal
   c. Abdomen, heart, lung
   d. Rib, artery, pancreas

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7. The pulse point in the neck is called?
   a. Neck pulse
   b. Dorsalis pedis
   c. Femoral
   d. Carotid

8. The top number of the blood pressure reading is called?
   a. Systolic
   b. Systemic
   c. Selective
   d. Symmetrical

9. The bottom number of the blood pressure is called?
   a. Diabolic
   b. Distilled
   c. Diabetic
   d. Diastolic

10. Respirations is the process of breathing in _____ and expelling _____.
    a. Air, helium
    b. Oxygen, carbon dioxide
    c. Oxygen, air
    d. Water, bubbles

11. A pulse rate of 52 beats per minute is considered?
    a. Tachycardia
    b. Tachypnea
    c. Apnea
    d. Bradycardia

12. Vital signs re normally taken when the person is?
    a. Standing only
    b. Lying down only
    c. Sitting or lying down
    d. Sleeping

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13. Your patient has a rectal temperature of 95.6. This is considered?
    a. Out of normal range
    b. Within normal range
    c. Abnormal
    d. Hyperthermia

14. What is the most common site for taking a pulse in an adult?
    a. Radial
    b. Brachial
    c. Pedal
    d. Carotid

15. Which pulse rate would be of greatest concern for an adult?
    a. 62
    b. 48
    c. 80
    d. 74

16. What artery is used to measure blood pressure?
    a. Carotid
    b. Radial
    c. Femoral
    d. Brachial

17. All of the following factors tend to increase blood pressure, **EXCEPT**?
    a. Sleeping
    b. Stress
    c. Pain
    d. Exercise

18. Your patient has a blood pressure of 80/56, this is considered?
    a. Hypertension
    b. Hypocardia
    c. Hypotension
    d. Hypercardia

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19. How many respirations should a healthy adult have per minute?
    a. 60-90
    b. 12-20
    c. 18-30
    d. 100-120

20. When a person is having a difficult time breathing or has labored breathing, this is considered?
    a. Tachypnea
    b. Apnea
    c. Bradypnea
    d. Dyspnea

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