Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?
   This establishes the client's history and health concerns. It also allows you to access the clients current health status and communicate goals and care plans
2. What assessment technique requires observation?
   Data Collection: we gather information with our senses at any point where interaction occurs
3. What type of sounds will you hear with the diaphragm of a stethoscope?
   You should hear bronchial, bronchovesicular, and vesicular. As well as a wheeze, rhonchi, stridor, or pleural friction rub
4. When palpating a client, you should use what side of the fingers?
   Palm side
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.
   False: don't apply too much pressure
6. What is percussion?
   This is a technique that uses tapping on the client's body to access their organs/underlying surfaces
7. List two tools that can be used for inspection.
   Stethoscope and hands for palpating.
8. What is subjective data?
   A statement or any description given by the client of how or what they feel
9. What is objective data?
   This is factual data- what we can visibly observe or test
10. True or False: A chief complaint is the clients reasoning for seeking medical care?
    True