Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?
   My perception of an individual with a mental illness is that they have a condition they cannot control without help.

2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide? I would provide and be nonjudgemental and let them be forthcoming with any information they feel comfortable sharing.

3. What is a Mental Status Examination?

   It is an exam that evaluates a person's mental capacity, mood, behaviors and perceptions.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

a. diagnostic overshadowing	e. social distancing
b. patient-centered care	f. stigmatization
c. screening	g. suicide prevention
d. SBIRT	h. trauma-informed care

___B__ 1. A concept that requires nurses and other healthcare professionals to listen to and empower the

   patient in decision making around his or her care and establish a collaborative partnership

___F___ 2. An attitude of devaluing a person because of a particular characteristic or illness

__D____ 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

__A____ 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

___G___ 5. Methods of assessment for suicide risk and for differentiating between

   suicide ideation and attempts

__H____ 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on

   current behavior and relationships in every aspect of nursing intervention

__C____ 7. The identification of clinically significant symptoms that require further assessment

and intervention

   E   8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people

with mental illness or addiction