

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 2 Class Prep Assignment

1. What is a CAUTI? A CAUTI is catheter associated urinary tract infection. This occurs when prolonged use of indwelling catheters or malpractice of sterile technique is used around the catheter/urethra of the client.

2. What are ways to prevent a CAUTI? **Select all that apply:**

- A. Hand Hygiene
- B. Prolonged use of indwelling catheters
- C. Routine catheter care
- D. Early removal of indwelling catheter
- E. Good nutrition

3. What is the most effective way to prevent healthcare-associated infections (HAIs)?

Effective hand hygiene technique is the most effect way to prevent HAIs. No method has been developed to completely prevent HAIs, but proper hand hygiene shows to be able to decrease these infections between nurses and their clients.

4. In which circumstances should a healthcare worker utilize soap and water for hand hygiene instead of waterless hand rub? **Select all that apply:**

- A. When hands are visibly soiled
- B. When entering a client room
- C. After caring for a client who has infectious diarrhea
- D. Before checking a client's vital signs
- E. Before performing a dressing change

5. What do you do with the orange sticker post foley catheter care?

The sticker is placed on the foley bag itself. Foley care must be documented so before the procedure you must sign your initials and date. Then the orange sticker can be placed on the bag.

6. What are the 4 types of exudates used to describe wounds?

The 4 types of exudates used to describe wounds are serous, serosanguineous, sanguineous, and purulent.

7. Identify 1 bony prominence susceptible to pressure injury formation:

The heel is very susceptible to pressure injury formation because it is a weight bearing point, it holds the weight of the foot when laying down in bed.

8. What is the name of the equipment used to empty a foley catheter bag?

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 2 Class Prep Assignment

The supplies needed to empty foley catheter bag is a graduated cylinder, alcohol wipes, and paper towels. The graduated cylinder is placed on the floor, the end of the foley bag is cleaned with the wipe, and is then leaned over the graduated cylinder until emptied.

9. What type of bedpan do you utilize for a client with a hip fracture?

- A. Ridged bedpan
- B. Orthopedic bedpan
- C. Fractured bed pan – slanted to facilitate sliding under the patient very easily
- D. Bariatric bedpan

10. What is an imperative assessment you perform when you are positioning the client in a side-lying position?

Checking the backside portion of the clients skin is an imperative assessment that must be performed when positioning the client in a side-lying position. Any abnormal signs of pressure, shearing, and friction are things that must be looked into while checking the skins integrity.