

Margaret H. Rollins School of Nursing  
N201 Nursing Care of Special Populations  
MENTAL HEALTH NURSING

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?  
*my perception of an individual with a mental illness is that they should be treated individually - what works for someone may not work for another. mental illnesses should not have negative stigma.*
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?  
*I would use therapeutic communication and ask open ended questions such as "can you tell me more about how you feel?" Also, I would let them know that I am listening and want to talk to them/ am interested in them.*
3. What is a Mental Status Examination?  
*A mental status examination is subjective and objective data that you collect such as appearance to evaluate a patient and their current state.*

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

- |  |                                    |
|--|------------------------------------|
| <del>a.</del> diagnostic overshadowing | <del>e.</del> social distancing    |
| <del>b.</del> patient-centered care    | <del>f.</del> stigmatization       |
| <del>c.</del> screening                | <del>g.</del> suicide prevention   |
| <del>d.</del> SBIRT                    | <del>h.</del> trauma-informed care |

b 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

f 2. An attitude of devaluing a person because of a particular characteristic or illness

d 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

a 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

c 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

h 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

g 7. The identification of clinically significant symptoms that require further assessment and intervention

e 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction