

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 2 Class Prep Assignment

1. What is a CAUTI?

Catheter-associated urinary tract infections

2. What are ways to prevent a CAUTI? **Select all that apply:**

- A. Hand Hygiene
- B. Prolonged use of indwelling catheters
- C. Routine catheter care
- D. Early removal of indwelling catheter
- E. Good nutrition

3. What is the most effective way to prevent healthcare-associated infections (HAIs)?

Practicing good hygiene! Washing hands applying vapor rub before and after meeting patient. Maintaining and cleaning patient areas and personal areas are the common ways to prevent HAIs

4. In which circumstances should a healthcare worker utilize soap and water for hand hygiene instead of waterless hand rub? **Select all that apply:**

- A. When hands are visibly soiled
- B. When entering a client room
- C. After caring for a client who has infectious diarrhea
- D. Before checking a client's vital signs
- E. Before performing a dressing change

5. What do you do with the orange sticker post Foley catheter care?

You place the sticker on the Foley bag or container to chart and indicate you've provided perineal care.

6. What are the 4 types of exudates used to describe wounds?

Serous: Thin, watery wound drainage

Serosanguineous: Thin, watery wound drainage mixed with blood

Sanguineous: Bloody wound drainage

Purulent: Green/Yellow wound drainage

7. Identify 1 bony prominence susceptible to pressure injury formation:

One area is the sacrum. Many patients spend extended periods sitting, which can increase the risk of pressure-related injuries.

8. What is the name of the equipment used to empty a foley catheter bag?

Graduated Cylinder

9. What type of bedpan do you utilize for a client with a hip fracture?

- A. Ridged bedpan

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- B. Orthopedic bedpan
- C. Fractured bed pan
- D. Bariatric bedpan

10. What is an imperative assessment you perform when you are positioning the client in a side-lying position?

When positioning a client in a side-lying position, it's crucial to check spine alignment and support, focusing on the neck and lower back. Using a pillow between the knees for hip alignment and aligning the head and neck with the patient's spine will provide comfort and safety, preventing any injuries.