

**Beebe Healthcare  
Margaret H. Rollins School of Nursing  
N101- Foundations of Nursing**

**NANDA (North American Nursing Diagnosis Association)  
Nursing Diagnoses  
2024-2026**

**Domain 1. Health promotion**

**Class 1. Health awareness**

Decreased diversional activity engagement  
Readiness for enhanced health literacy  
Sedentary lifestyle

**Class 2. Health management**

Elder frailty syndrome  
Risk for elder frailty syndrome  
Ineffective community health management  
Inadequate health literacy  
Ineffective family health management  
Ineffective pain self-management  
Readiness for enhanced self-management  
Ineffective family health self-management  
Ineffective home maintenance behaviors  
Risk for ineffective home maintenance behaviors  
Ineffective nausea self-management  
Ineffective underweight self-management  
Ineffective overweight self-management  
Readiness for enhanced weight self-management  
Ineffective family health management

**Domain 2. Nutrition**

**Class 1. Ingestion**

Inadequate nutritional intake  
Readiness for enhanced nutritional intake  
Ineffective chestfeeding  
Interrupted breastfeeding  
Disrupted exclusive chestfeeding  
Ineffective adolescent eating dynamics  
Ineffective child eating dynamics  
Ineffective infant feeding dynamics  
Impaired swallowing

**Class 2. Digestion - none**

**Class 3. Absorption - none**

**Class 4. Metabolism**

Neonatal hyperbilirubinemia  
Risk for neonatal hyperbilirubinemia

**Class 5. Hydration**

Risk for impaired water-electrolyte balance  
Risk for impaired fluid volume balance  
Inadequate fluid volume  
Excessive fluid volume

**Domain 3. Elimination and exchange**

**Class 1. Urinary function**

Disability-associated urinary incontinence  
Impaired urinary elimination  
Mixed urinary incontinence  
Stress urinary incontinence  
Urge urinary incontinence  
Risk for urinary retention

**Class 2. Gastrointestinal function**

Impaired gastrointestinal motility  
Impaired intestinal elimination  
Chronic functional constipation  
Impaired fecal continence  
Risk for impaired intestinal elimination

**Class 3. Integumentary function - none**

**Class 4. Respiratory function**

Impaired gas exchange

**Domain 4. Activity/rest**

**Class 1. Sleep/rest**

Ineffective sleep pattern  
Readiness for enhanced sleep pattern  
Ineffective sleep hygiene behaviors

**Class 2. Activity/exercise**

Impaired physical mobility

- Impaired sitting ability
- Impaired standing ability
- Impaired transfer ability
- Impaired walking ability
- Impaired wheelchair mobility

**Class 3. Energy balance**

- Decreased activity tolerance
- Excessive fatigue burden
- Impaired surgical recovery

**Class 4. Cardiovascular/pulmonary responses**

- Ineffective breathing pattern
- Decreased cardiac output
- Risk for decreased cardiac output
- Impaired spontaneous ventilation
- Ineffective peripheral tissue perfusion
- Impaired child ventilatory weaning response
- Impaired adult ventilatory weaning response

**Class 5. Self-care**

- Decreased self-care ability syndrome
- Decreased bathing abilities
- Decreased dressing abilities
- Decreased feeding abilities
- Decreased toileting abilities
- Readiness for enhanced self-care abilities
- Ineffective oral hygiene behaviors

**Domain 5. Perception/cognition**

**Class 1. Attention- none**

**Class 2. Orientation - none**

**Class 3. Sensation/perception – none**

**Class 4. Cognition**

- Acute confusion
- Risk for acute confusion
- Chronic confusion
- Labile emotional control
- Ineffective impulse control
- Readiness for enhanced decision making

Impaired memory  
Disturbed thought process

**Class 5. Communication**

Readiness for enhanced communication  
Impaired verbal communication

**Domain 6. Self-perception**

**Class 1. Self-concept**

Readiness for enhanced self-concept  
Risk for impaired human dignity  
Disrupted personal identity  
Risk for disturbed personal identity  
Readiness for enhanced self-concept  
Readiness for enhanced transgender social identity

**Class 2. Self-esteem**

Chronic inadequate self-esteem  
Risk for chronic inadequate self-esteem  
Situational inadequate self-esteem  
Inadequate health self-efficacy

**Class 3. Body image**

Disrupted body image

**Domain 7. Role relationship**

**Class 1. Caregiving roles**

Impaired parenting behaviors  
Risk for impaired parenting behaviors  
Readiness for enhanced parenting behaviors  
Excessive parental role conflict

**Class 2. Family relationships**

Disruptive family interaction patterns  
Dysfunctional family processes  
Impaired family processes  
Readiness for enhanced family processes  
Risk for disrupted attachment behaviors

**Class 3. Role performance**

Ineffective role performance

Ineffective intimate partner relationship  
Readiness for enhanced intimate partner relationship  
Ineffective child bearing process  
Impaired social interaction

## **Domain 8. Sexuality**

### **Class 1. Sexual identity – none**

### **Class 2. Sexual function**

Impaired sexual function

### **Class 3. Reproduction**

Risk for impaired maternal-fetal dyad

## **Domain 9. Coping/stress tolerance**

### **Class 1. Post-trauma responses**

Risk for disrupted immigration transition  
Post-trauma syndrome  
Risk for post-trauma syndrome

### **Class 2. Coping responses**

Maladaptive coping  
Excessive anxiety  
Excessive fear  
Excessive death anxiety  
Readiness for enhanced coping  
Maladaptive community coping  
Readiness for enhanced community coping  
Maladaptive family coping  
Readiness for enhanced family coping  
Maladaptive grieving  
Risk for maladaptive grieving  
Readiness for enhanced grieving  
Impaired resilience  
Inadequate self-compassion  
Readiness for enhanced hope  
Readiness for enhanced resilience

### **Class 3. Neurobehavioral stress**

Risk for autonomic dysreflexia  
Ineffective emotion regulation

Impaired mood regulation  
Acute substance withdrawal syndrome

**Domain 10. Life principles**

**Class 1. Values - none**

**Class 2. Beliefs- none**

**Class 3. Value/belief/action congruence**

Moral distress  
Impaired spiritual well-being  
Readiness for enhanced spiritual well-being  
Moral distress  
Impaired religiosity  
Risk for impaired religiosity  
Readiness for enhanced religiosity

**Domain 11. Safety/protection**

**Class 1. Infection**

Impaired immune response  
Risk for infection  
Risk for surgical site infection

**Class 2. Physical injury**

Ineffective airway clearance  
Risk for excessive bleeding  
Impaired dentition  
Risk for dry eye  
Ineffective dry eye self-management  
Risk for falls  
Risk for adult falls  
Risk for child falls  
Risk for corneal injury  
Risk for nipple-areolar complex injury  
Risk for injury  
Risk for urinary tract injury  
Impaired skin integrity  
Risk for impaired skin integrity  
Risk for sudden infant death  
Risk for aspiration  
Risk for shock  
Impaired tissue integrity  
Risk for impaired tissue integrity  
Risk for venous thrombosis

### **Class 3. Violence**

- Risk for female genital mutilation
- Risk for other-directed violence
- Risk for suicidal self-injurious behavior
- Non-suicidal self-injurious behavior

### **Class 4. Environmental hazards**

- Contamination
- Risk for contamination
- Risk for occupational physical injury
- Risk for accidental poisoning

### **Class 5. Defensive processes**

- Risk for allergy reaction
- Risk for latex allergy reaction

### **Class 6. Thermoregulation**

- Hyperthermia
- Ineffective thermoregulation
- Risk for ineffective thermoregulation
- Decreased body temperature
- Decreased neonatal body temperature

## **Domain 12. Comfort**

### **Class 1. Physical comfort**

- Impaired physical comfort
- Readiness for enhanced physical comfort
- Acute pain
- Chronic pain
- Chronic pain syndrome
- Labor pain

### **Class 2. Environmental comfort - none**

### **Class 3. Social comfort**

- Inadequate social connectedness
- Readiness for enhanced social comfort
- Excessive loneliness
- Inadequate social support network

### **Class 4. Psychological comfort**

- Impaired psychological comfort

## **Domain 13. Growth/development**

### **Class 1. Growth**

Delayed child growth

### **Class 2. Development**

Delayed child development

Risk for delayed child development

Delayed infant motor development

Risk for delayed infant motor development

Ineffective infant suck-swallow response

Impaired infant neurodevelopmental organization

Herdman, T.H., Kamitsuru, S., & Lopes, C.T. (Eds.). (2024). *NANDA International nursing diagnoses: Definitions & classification, 2024-2026* (13<sup>th</sup> ed.). Thieme Medical Publishers.