

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
  - a. Soap and water only: When hands are visibly soiled. This is because waterless hand rub is not effective in removing debris from soiled hands.
  - b. Waterless hand rub: Before and after having direct contact with a patient.

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient in the video was on contact precautions because the patient had an infection on their leg. Anytime there is an infection, or it is at least suspected that there is, all people entering the room must don gloves and a gown. The gloves and gown help in preventing passing on the infection to other nearby patients or people.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
  - a. First, the nurse must introduce themselves to the patient by telling them their name, occupation, and how long they expect to be with the patient.
  - b. The second thing a nurse or provider must do before providing care to any patient is make sure the patient is the correct one. This is done by asking the patient their full name and date of birth. After this has been verified to be correct, the nurse can scan the patient's wrist and begin their work.

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	bt
Four times a day	QID

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Dx	Diagnosis
BR	Bedrest
CXR	Chest x-ray
Head of bed	HOB
IVF	Intravenous Fluids

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold