

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

Alexa Dolan

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
  - a. Soap and water only:   visibly soiled hands
  - b. Waterless hand rub:   before prepping and administering medications

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient was on contact precaution because the patient had an infection and would need a visitor to have PPE – the bacteria from the infection could move and spread to another person or equipment if contact is obtained.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
  - a. Confirm DOB and name
  - b. Check for any allergy band

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	HS
Four times a day	QID
Dx	Diagnosis
BR	Bed Rest
CXR	Chest Xray
Head of bed	HOB
IVF	Intravenous Fluids

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5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold

( I highlighted my answers : ) )