

Beebe Healthcare  
Margaret H. Rollins School of Nursing  
Nursing 101 - Foundations of Nursing  
Day 1 Class Prep Assignment

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Dolan

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

- a. Soap and water only: When hands are visibly soiled  
b. Waterless hand rub: Before preparing & administering medications

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

patient was on contact precautions because the patient had an infection & would need visitor to have PPE > bacteria can move from one person/equipment to another if some one coughs.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do before providing any care to your patient?

- a. verify name & DOB  
b. check for an allergy band

4. Fill in the correct medical abbreviations for the following terms:

Bedtime

HS

Four times a day

QID

Dx

Diagnosis

BR

Bed Rest

CXR

Chest X-ray

Head of bed

HOB

IVF

Intravenous Fluids

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5. Go to the ATI Module for Nutrition found under "Physiological Concepts for Nursing Practice" in Engage Fundamentals 2.0. Find the lesson - Nursing Interventions - and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke  
 b. Hypertension  
 c. Flu  
 d. Acid Reflux  
 e. Mouth Sores  
 f. Dental Issues  
 g. Common cold