# Beebe Healthcare
# Margaret H. Rollins School of Nursing
# Nursing 101 - Foundations of Nursing
## Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

    a. Soap and water only: _____When hands are visibly soiled _____

    b. Waterless hand rub: _____Before preparing and administrating medications._____

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

    _____The patient in the video was under contact precautions due to an infection on his leg._____

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

    a. ____Introduce yourself and state what procedure you will perform _____

    b. ____Ask client to verify their first and last name following by their date of birth. _____

4. Fill in the correct medical abbreviations for the following terms:

| | |
|---|---|
| Bedtime | __Bt_____ |
| Four times a day | __QID_____ |
| Dx | _Diagnosis_____ |
| BR | _Bed rest_____ |

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| | |
|---|---|
| CXR | _Chest x-ray_____ |
| Head of bed | ___HOB_____ |
| IVF | __Intravenous fluid_____ |

5. Go to the ATI Module for Nutrition found under "Physiological Concepts for Nursing Practice" in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

   Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

   a. Stroke
   b. Hypertension
   c. Flu
   d. Acid Reflux
   e. Mouth Sores
   f. Dental Issues
   g. Common cold