Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

    a. Soap and water only: ___When hands are visibly soiled, soap and water is necessary to remove organic matter from hands. Examples of removing organic matter include removing bodily fluids from your hands. _____

    b. Waterless hand rub: __Waterless hand rub is the preferred method of hand hygiene for most patient care settings. The waterless hand rub should be used to cleanse hands after most task. _____

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

    _____The patient had an infection on his leg. _____

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

    a. ____Introduce yourself to the patient _____

    b. _____Have the patient verify their name and date of birth. _____

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	____BT_____
Four times a day	____QID_____
Dx	__Diagnosis_____
BR	_____Bedrest_____

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CXR	___Chest x-ray_____
Head of bed	__HOB_____
IVF	__Intravenous Fluids_____

5. Go to the ATI Module for Nutrition found under "Physiological Concepts for Nursing Practice" in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

   Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

   a. Stroke
   b. Hypertension
   c. Flu
   d. Acid Reflux
   e. Mouth Sores
   f. Dental Issues
   g. Common cold