

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

- a. Soap and water only: When hands are visibly soiled
- b. Waterless hand rub: After contact with a patient's intact skin

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

He had a leg infection, that has drainage that will spread bacteria. Contact precautions is used for staff and visitors to protect them. The bacteria may spread to surfaces that the staff may need to be in direct contact with.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

- a. Introduce yourself and your role
- b. Verify the patient (asking name/DOB, checking bracelet)

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	<u>HS</u>
Four times a day	<u>QID</u>
Dx	<u>Diagnosis</u>
BR	<u>Bed Rest</u>
CXR	<u>Chest Xray</u>
Head of bed	<u>HOB</u>
IVF	<u>Intravenous Fluids</u>

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5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold