

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

- a. Soap and water only: After contact with chemicals
- b. Waterless hand rub: Before inserting indwelling catheters or other invasive devices

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient had an infection on his leg. The infection on the patient's leg could spread throughout other individuals if certain precautions were not practiced. As to why the nurse had a gown and gloves on to prevent spreading the infection along with any individual who enters the room.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

- a. Ensure proper hand hygiene before handling the patient and before leaving the patient's room.
- b. Confirm the patient's name and date of birth to ensure you are working with the correct patient.

c.

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	<u>HS</u>
Four times a day	<u>QID</u>
Dx	<u>Diagnosis</u>
BR	<u>Bedrest</u>
CXR	<u>Chest x-ray</u>
Head of bed	<u>HOB</u>
IVF	<u>Intravenous Fluids</u>

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5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold