

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

a. Soap and water only: before eating _____

b. Waterless hand rub: before coming in contact with a patient

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

He had an infection on his leg that had not been identified yet

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

a. Hand hygiene _____

b. Introducing yourself to the patient _____

4. Fill in the correct medical abbreviations for the following terms:

Bedtime

BT _____

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Four times a day	QID_____
Dx	diagnosis _____
BR	bedrest_____
CXR	chest x-ray _____
Head of bed	HOB_____
IVF	intravenous fluid_____

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke**
- b. Hypertension
- c. Flu
- d. Acid Reflux**
- e. Mouth Sores**
- f. Dental Issues**
- g. Common cold