

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

- a. **Soap and water only:** When hands are visibly soiled

- b. **Waterless hand rub:** Before having direct contact with patients

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient is on contact precautions because of an infection on his leg.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

- a. Knocking and asking permission to enter the patients room

- b. Asking name and date of birth and verifying that with the patients ID band

4. Fill in the correct medical abbreviations for the following terms:

|                  |                    |
|------------------|--------------------|
| Bedtime          | HS                 |
| Four times a day | QID                |
| Dx               | Diagnosis          |
| BR               | Bedrest            |
| CXR              | Chest x-ray        |
| Head of bed      | HOB                |
| IVF              | Intravenous fluids |

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5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

I answered the questions but every time I exit and come back it resets them so I don't know if you can see them so I am going to just copy and paste them in the document.

1. **A nurse is caring for a client who is at risk for aspiration. Which of the following actions should the nurse take to prevent aspiration during meals?**  
B) allow extra time for the client to chew and swallow each bite of food  
C) Sit the client up at a 90° prior to providing the meal
2. **A nurse is caring for a client who is scheduled to receive a bolus feeding via the nasogastric (NG) tube. The nurse checks the pH of the gastric contents and the result is a 6.5. Which of the following actions should the nurse take?** A) Recheck the pH of the gastric contents
3. **A nurse is caring for a client who has a percutaneous endoscopic gastrostomy (PEG) tube, and the enteral feeding has completed infusion. Which of the following actions should the nurse take?** A) Flush the tubing with 30 mL of water

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold