

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

Name: Veronica Diego

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

- a. Soap and water only: A situation where a healthcare worker should use soap and water only method is when you can visibly see that their hand is soiled. Also before eating and after using the bathroom. Healthcare workers should also be aware of what infection they care for and know that they should probably wash their hands after seeing the patient with infection and after being in any contact with chemicals.

- b. Waterless hand rub:

A situation where a healthcare worker should use only waterless hand rub to clean their hands is before having direct contact with patient. Also before putting on gloves and removing gloves. Healthcare workers also should do this method before inserting indwelling catheters and after contact with the patients skin. This method is preferred for most patient care settings since it is the fastest method of hand hygiene.

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient in the video was on contact precautions due to infection on his leg . Any time the healthcare providers detect infection they have to implement them to certain isolation precautions which causes for the healthcare workers and visitors have to wear gowns and gloves.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

- a. One observation I saw was that before touching the computer or anything they clean their hands with hand sanitizer.

- b. Second observation I saw was that the healthcare worker always ask for the patients name and date of birth to confirm their information.

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4. Fill in the correct medical abbreviations for the following terms:

Bedtime	_____bt_____
Four times a day	___QID_____
Dx	___Diagnosis_____
BR	___Bedrest_____
CXR	___Chest x-ray_____
Head of bed	___HOB_____
IVF	___Intravenous fluids_____

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold