

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
 - a. Soap and water only: when hands are visibly soiled
 - b. Waterless hand rub: before preparing or administering medication

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient was on contact precaution because of the infection on his leg and the precaution the nurse needs to take for any infection at all times

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
 - a. Introduce yourself
 - b. Wash your hands with either soap and water or hand sanitizer. Then ask for consent

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	_____ HS _____
Four times a day	_____ qid _____
Dx	_____ diagnosis _____
BR	_____ bedrest _____
CXR	_____ chest xray _____
Head of bed	_____ HOB _____

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IVF _____ intravenous fluid_____

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply. (the ones that are bolded are the ones at increased risk)**

- a. **Stroke**
- b. Hypertension
- c. Flu
- d. **Acid Reflux**
- e. **Mouth Sores**
- f. **Dental Issues**
- g. Common cold