

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
  - a. Soap and water only: [When hands are visibly soiled.](#)
  - b. Waterless hand rub: [After coming incontact with patients intact skin](#)

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

[The patient was on contact precautions due to a suspected infection on his leg, requiring isolation precautions to prevent transmission of microorganisms through direct contact.](#)

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
  - a. [Perform hand hygiene and ask for their consent before beginning any tasks](#)
  - b. [Ask for the patients full legal name and date of birth](#)

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	<a href="#">HS</a>
Four times a day	<a href="#">QID</a>
Dx	<a href="#">Diagnosis</a>
BR	<a href="#">Bedrest</a>
CXR	<a href="#">Chest X-Ray</a>
Head of bed	<a href="#">HOB</a>
IVF	<a href="#">Instravenous Fluids</a>

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5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold