

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
 - a. Soap and water only: Soap and water would be necessary after coming in contact with a patient's wound where the hand become visibly soiled.
 - b. Waterless hand rub: A waterless hand rub would be necessary before coming in contact with a patient to preform something like a mobility exam or to take vitals.

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient in the video was on contact precautions because he possibly had an infection in the wound on his leg which he could transmit to other healthcare workers and visitors through direct contact. To combat this, everyone coming into contact with the patient had to wear a gown and gloves to protect themselves from the infection.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
 - a. Always get verbal confirmation of the patient's name and date of birth and confirm it with their hospital bracelet.
 - b. Always knock before coming in the room and make sure to ask the patient for verbal consent for you to assist and help them.

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	_____HS_____
Four times a day	_____QID_____
Dx	_____Diagnosis_____
BR	_____Bedrest_____
CXR	_____Chest X-Ray_____
Head of bed	_____HOB_____
IVF	_____Intravenous Fluids_____

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5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold