1. Research at least two professional organizations on the internet. What professional organizations are you in interested joining? Why?

American Nurses Association (ANA)
  └ this organization allows you to be involved
     in researching, lobbying, and health policy-making
American Association of Critical Care Nurses (AACN)
  └ As I continue to progress in this program, I am interested in
     persuing a career in the ICU or other critical care areas.
     this association provides resources that may aid me in
     these careers

2. Access the website for your state nurses' association. List 2 advantages to joining the association. What are your thoughts about joining?

  ① has events to continue advocation and research
      within the community
  ② values innovation, advocacy, belonging, and excellence

I would love to join this organization upon graduating! It
has many great resources and events to stay informed
and involved in the community.

3. Imagine a conversation with a nurse recruiter for the next 2 questions:
   a. Discuss your personal qualities that would be an asset when working as a professional nurse. List those qualities here (at least 3).

When working as a professional nurse, I believe the
following qualities would assist me:
  ① communication skills   ② active listening + patience
       ③ understanding + nonjudgemental

   b. Discuss with the recruiter the type of role you are interested in pursuing once graduating from nursing school. Describe the role here.

Once graduating nursing school, I would love to gain
experience working as a bedside nurse in a teaching
hospital. Once gaining experience, I would love to persue
a higher education.

4. What are your interests? Discuss how your interests and personal qualities will contribute to your role as a professional nurse.

I love spending time outdoors and in the community.
I feel my interests align with the greater interest
of the publics health. As a professional nurse, I may be
able to align my own interests of education in my
career when caring for and teaching my clients.

Nursing Professional Self-Pledge

I, _Reagan Hockenbrock_ , recognize that as a nurse, I have a professional commitment to myself. I will honor this commitment by: (give a minimum of two actions you will take to fulfill a professional commitment to yourself such as actions you might take to demonstrate a commitment to life-long learning, self-care or developing resilience)

① research and familiarize myself on new nursing Standards and practices

② take all feedback as constructive to better myself and nursing practice

I recognize that I also have a professional commitment to the profession of nursing. I will honor this commitment by: (give a minimum of two actions you will take to fulfill a professional commitment to nursing such as actions you might take to advance the science of nursing, care for vulnerable populations or advocacy)

① advocate for all of my clients, specifically for those that may lack community and home resources

② recording all client data as accurately as possible

I accept that I am responsible for presenting a positive and professional image of nursing. Ways that I will honor this commitment will include: (give a minimum of two actions you will take to present a positive and professional image of nursing such as conduct, language, or appearance)

① speak therapeutically to all clients and their family members

② maintain appropriate self-appearance and attitude when in the workplace at all times

The profession of nursing is one that requires adherence to an established code of ethics. I will uphold these ideals to ensure the care I provide those I care for receive the highest quality of care I can give. As a student of nursing, I believe this commitment begins now. Therefore, I pledge to uphold these commitments to professionalism to the best of my abilities from this point in my nursing education and continuing throughout my career as a nurse.

Signature: _Reagan Hockenbrock_

Date: _5/6/2024_