

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p><u>Problem:</u> Impaired Urinary Elimination</p> <p><u>Reasoning:</u> 250 mL fluid challenge with no increase in urinary output, BUN 65, Cr 2.8, K 5.0, HCO₃ 20, pH 7.32</p> <p><u>Goal:</u> RA will void ≥1 time during my time of care.</p> <p><u>Goal:</u> RA will follow a toileting schedule q1h during my time of care.</p>	Assess for urinary bladder distention and PVR ≥600 mL q1h and PRN.	Insert indwelling urinary catheter and connect to bedside drainage PRN no urinary output or PVR ≥600 mL.
	Assess for the ability to void q1h and PRN.	Encourage a regular toileting schedule q1h.
	Assess BP q4h and PRN.	Administer carvedilol 20 mg PO and enalapril 10 mg PO daily.
	Assess serum electrolytes (especially Na and K) q shift.	Maintain telemetry monitoring continuously.
	Assess renal function tests (BUN, Cr) q shift.	Collaborate with the provider to administer gentle IVF continuous infusion PRN.
	Assess urine characteristics (clear or cloudy), color, and odor PRN after voiding or catheterization.	Collaborate with the laboratory by providing a urine sample for urinalysis PRN.

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<p><u>Problem:</u> Impaired Skin Integrity</p> <p><u>Reasoning:</u> dressing of sternal staples open to air; dressing of chest tube, mediastinal, and central line; total protein 6.0, albumin 3.0, post-op day 2 3-vessel CABG</p> <p><u>Goal:</u> RA will not develop a new area of skin breakdown during my time of care.</p> <p><u>Goal:</u> RA will verbalize understanding of adhering to q2h turns schedule by the end of my care.</p>	Assess sternal dressing q4h and chest tube, mediastinal, and central line dressings q8h and PRN.	Change dressing using sterile technique PRN if visibly saturated.
	Assess ability to move (turn over in bed and move from bed to chair) q2h.	Assist with repositioning in bed q2h or OOB to chair for 30 mins BID PRN.
	Assess HR, temperature, and drainage from surgical incisions q4h and PRN.	Administer acetaminophen 650 mg PO q6h and notify the provider for possible infection PRN.
	Assess ability to perform self-care q shift and PRN.	Educate on clean technique and how to change dressings PRN before discharge.
	Assess hygiene BID and PRN.	Provide hand hygiene before meals, oral hygiene BID, and daily baths.
	Assess protein and albumin levels q shift.	Encourage protein intake along with cardiac diet PRN.