

Initials/signature: SB/CD/RC / SNB

Nursing Notes

Rm No: Sim Lab 1

Actual Patient Problem: Acute Pain: Chest, L arm, Head

Clinical Reasoning:

Headache pain reports 3/10 pain.

3/10 chest pain described as elephant sitting on his chest and radiates to left arm.

Actual Patient Problem: Decreased Cardiac Output

Clinical Reasoning:

BP decreased to 94/60 after Nitro, Ht 110. Troponin 0.9, BMP 105 and hx of hypertension and smokes 2 packs a day.

Additional Patient Problems:

Deficient knowledge

Patient Problem	Time	Relevant Assessments Indicate pertinent assessment findings.	Time	Multidisciplinary Team Intervention What interventions were done in response to your abnormal assessments?	Time	Reassessment/Evaluation What was your patient's response to the intervention?
Acute Pain	0822	Reports 3/10 pain in his head and requested Tylenol.	0825	Administered 40mg Ekonaparin. Educated on the importance of examining stool for blood / dark tarry stools. Also educated on the importance of using a soft bristle tooth brush.	0832	Verbalized understanding to look for dark / tarry stools and report it.
Decreased Cardiac Output	0825	Platelet count 300	0830	Administered 325mg of Aspirin PO.	0831	AM Blood draw Pending for tomorrow.
Decreased Cardiac Output	0825	Diagnosed with unstable angina	0850			

Goal: Will have 0/10 Chest Pain during my time of care.

Goal: Will have a HR between 60-100 during my time of care.

Goal: Will have a urine output of 30ml/hr during my time of care.

Goal: Will have an SpO2 greater than 92% during my time of care.

Met: Unmet:

Met: Unmet:

Met: Unmet:

Patient Problem	Time	Relevant Assessments Indicate pertinent assessment findings.	Time	Multidisciplinary Team Intervention What interventions were done in response to your abnormal assessments?	Time	Reassessment/Evaluation What was your patient's response to the intervention?
Acute Pain	0853	Reports 3/10 pain described as an elephant sitting on his chest and radiates to his left arm. He states that the pain is similar to the pain he had upon admission.	0855	Administered 0.4mg of Nitroglycerin	0900	Reports 0/10 chest pain after receiving Nitro. BP decreased to 94/70, then rechecked and it was 97/70.
Decreased Cardiac Output	0900	B/P 97/70, slurred speech, reports dizziness and SOB SpO2 88%.	0905	Provider ordered IV Bolus 500mL/30minutes NS. Administered SL of NC of supplemental oxygen	0910	BP increased to 105/70 and then rechecked it a few minutes later and it increased to 111/70. SpO2 increased to 95%.
Deficient Knowledge	0915	Patient stated he was hungry and asked for a cheese steak or cheese burrito.	0915	Educated on Sodium restricted diet	0915	He asked for French fries without salt. Encouraged consult for nutrition.
Acute Pain/ Decreased cardiac output	0923	Nitro patch present of left anterior chest wall. Doctor ordered transdermal Nitroglycerin Patch. BP: 112/78.	0925	Applied transdermal patch with 2. Nitro and 1/2 inch of paste to the right anterior chest wall.	0925	Will recheck BP in 15 minutes (Simulation ended)

Significant Event Documentation: Use the area below to document any significant events that happened during your time of care.

0900	Hypotensive episode after admission of nitroglycerin sublingual due to previous viagra
	Use. BP dropped to 94/70. contacted provider. Initiated order of IV Bolus. BP increased to 105/70. Bolus continued. Implemented provider order for transdermal nitroglycerin