

Nursing Problem Worksheet

Name: Courtney David

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Decreased Cardiac Output</p> <p>Reasoning: admitting diagnosis is unstable angina,</p> <p>Goal: C.S will maintain adequate cardiac output as evidenced by strong peripheral pulses, HR 60-100bpm with regular rhythm during my time of care.</p> <p>Goal: C.S will have a urine output of 350ml during my time care.</p>	Assess BP q4hr (noting any orthostatic changes)	Administer Nitroglycerin Sublingual PRN
	Assess O2 levels q4hr	Maintain oxygen per protocol keep O2 >92
	Assess urine output q4hr	Administer Furosemide per orders during my time of care.
	Assess edema in lower extremities qshift	Encourage Fluid restriction of 2,000ml/day and cardiac diet during my time of care.
	Assess Platelet count daily	Administer Clopidogrel per order.
	Assess BNP levels daily	Administer Lisinopril per orders during my time of care.

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Acute Pain: Chest</p> <p>Reasoning: c/o of pain, Facial grimace, grabbing at the chest, pain radiating down arm</p> <p>Goal: C.S will report a pain scale that decreases to a 4/10 during the end of my time of care.</p> <p>Goal: C.S will participate in non-pharmacological action such as guided imagery or deep breathing to decrease pain during my time of care.</p>	Assess Pain rating q4-6hr	Administer Morphine Sulfate for pain threshold greater then 5
	Assess characteristics of pain (sharp, throbbing, aching) during my time of care	Administer Acetaminophen for pain threshold less than 5 (mild)
	Monitor troponin levels daily	Administer Nitroglycerin ointment/sublingual PRN
	Assess HR and BP q4hr	Educate on importance of avoiding caffeine and smoking that will increase chest pain due to vasoconstriction
	Assess willingness to try non-pharmacological measures to assist with pain daily	Encourage guided imagery, deep breathing or meditation for pain during my time of care.
	Assess oxygen saturation to ensure O2 keeps >92%	Administer oxygen per protocol/ per order

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