

Nursing Problem Worksheet

Name: Heather Schurman

Anticipated Patient Problem and Goals	Relevant Assessments <small>(Prework) What assessments pertain to your patient's problem? Include frequencies</small>	Multidisciplinary Team Intervention <small>(Prework) What will you do if your assessment is abnormal?</small>
Problem: Risk for Unstable Blood Glucose Reasoning: Recent state of DKA, new diagnose of type 1 diabetes, A1C 10.5, Blood glucose 452 Goal: Blood glucose will be below 200 by the end of my care Goal: Pt will understand the factors that contribute to an unstable blood glucose by the end of my care	Assess alcohol intake at the beginning of shift	Educate about the important of alcohol cessation
	Assess blood glucose qid AC HS	Administer Lispro 10 units subq AC HS
	Assess eating habits q4hrs	Educate about the importance of a diabetic healthy diet qid
	Assess exercise habits BID	Educate about the importance of exercise with an unstable blood glucose risk BID
	Assess for s/sx of hyperglycemia	Administer Lispro insulin low sliding scale PRN throughout my shift ideally want the blood glucose to be under 120
Assess for s/sx of hypoglycemia	Have the pt drink orange juice or have sweet to try to bring up their blood sugar PRN throughout my shifr	

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Problem: Deficient Knowledge Reasoning: New diagnose of type 1 diabetes Goal: Pt will know how to self administer insulin by the end of my care	Assess for knowledge of type 1 diabetes throughout shift	Educaute about type 1 diabetes throughout shift
	Assess for knowledge of checking blood glucose at the beginning of shift	Have a teach back moment for checking blood glucose for half of the blood glucose checks of my shift
	Assess for knowledge of insulin throught shift	While administering Insulin Lispro 10 units sub q explain what the insulin is going to do in terms of helping her, any side effects she has to worry about, any other major information about the insulin AC HS
	Assess for knowledge of administering an insulin shot throughout shift	Have a teach back moment about administering insulin lispro showing how she knows what amount to give, how to

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Goal: Pt will know how to check blood glucose by the end of my care		prepare the insulin, and then giving the shot half of the insulin shots of my shift
	Assess for knowledge of s/sx of hyper/hypo glycemia throughout shift	Educate about the s/sx of hyper/hypo glycemia & give a handout with the s/sx on it once a shift
	Assess for knowledge of a diabetic healthy diet throughout shift	Ensure nutrition comes and consults about the diabetic healthy diet during my shift