

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Risk for unstable blood glucose level (with deficient knowledge tied in)</p> <p>Reasoning: A1c level of 10.5%, glucose level of 452, large number of ketones in urine, 3+ glucose in urine, newly diagnosis of diabetes.</p> <p>Goal: S.H will maintain a blood glucose level between 70-110 during my time of care.</p> <p>Goal: S.H will verbalize understanding of lifestyle changes such as exercising and healthy diet to decrease complications during my time of care.</p>	Assess blood glucose levels before each meal during my time of care.	Administer Insulin Lispro medium sliding scale sub-q during my time of care.
	Assess LOC during my time of care.	Administer Glucagon 1mg sub-q during my time of care. (PRN)
	Monitor LFT's daily	Administer Insulin Glargine 22units at bedtime during my time of care.
	Monitor VS (HR, BP, RR)	Administer Dextrose 50% IV push during my time of care (PRN)
	Assess physical activity/exercise patterns during my time of care.	Educate S.H on diabetic diet/healthy lifestyle, limit sugars and increase exercise during my time of care.
	Assess S.H dietary history during my time of care.	Educated S.H on managing diabetes each day, checking blood sugars before each meal, making lifestyle changes during my time of care.

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Electrolyte imbalance</p> <p>Reasoning: Potassium lvl is 3.4, polyuria, polydipsia, diabetes, dehydration</p> <p>Goal: S.H will have a urine output of 30ml/hr during my time of care.</p> <p>Goal: S.H will have a normal potassium level between 3.5-5 during the time of care.</p>	Monitor potassium levels daily	Administer 20meq of Potassium chloride daily
	Assess skin turgor daily (for dehydration)	Administer/maintain 0.9% sodium Chloride 75ml/hour
	Monitor calcium level daily	Administer calcium supplement PO daily (if calcium level is low)
	Monitor I&O q8hr	Encourage oral fluid intake q1hr
	Monitor magnesium level daily	Administer oral magnesium daily
	Monitor sodium level daily	Maintain healthy diet, restrict salt/sodium in diet during my time of care. (Consult dietary)