

### Nursing Notes

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Rm No: \_\_\_\_\_

**Actual Patient Problem: Decrease Cardiac output**

**Clinical Reasoning:** Angina 5/10 pain, Tachycardia HR 113, 119,120, hypertension 162/84, SOB on exertion, troponin .9 and BNP 165

Goal: Pt will maintain HR 60-100 bpm during my time of care Met:  Unmet:

Goal: Pt Spo2 will remain >92% during my time of care Met:  Unmet:

**Actual Patient Problem: Deficient Knowledge**

**Clinical Reasoning:** newly diagnosed CAD, "Can I have a burger and steak", "can I sneak out to have a smoke", alcohol use, LDL 142, sedentary lifestyle

Goal: Pt will verbalize when to administer Nitroglycerin and S/sx during my time of care. Met:  Unmet:

Goal: Pt will verbalize new diet low in sodium and fat during ym time of care. Met:  Unmet:

		BP 122/83 HR 85				
DK	0835	"can I sneak out and have a smoke" and states beer hydrates me best	0835	Encourage drinking water, educated on importance of smoking cessations and minimizing alcohol use.		"so many changes I have to make"
DCO	0911	Angina 5/10 pain, BP 162/84, HR 113, Spo2 89%	0911	Administered O2 via protocol 2l on NC spo2 94%, Administered nitroglycerin .4 sublingual	0914	BP 85/53, HR 120, Spo2 91% 2L NC
DCO	0914	BP 85/53, HR 120, Spo2 91% 2L NC, unconscious (passed out)	0914	Administer 4L NC via O2 protocol spo2 94%, notified provider of hypotension and ordered 500ml NS bolus.	0916	BP86/55, HR 119, spo2 94% 4L NC
DCO	0918	BP 88/58, HR 121, spo2 94% 4L NC	0928	Flushed IV access, administered 500ml NS bolus. Notified provider of fluids running and BP 91/61, ordered nitroglycerin transdermal.	0931	IV site clean dry intact, no edema, pain, pallor, erythema, drainage, patent. BP 91/61, HR 119, spo2 95% 4L NC.

Additional Patient Problems: Impaired gas exchange – Lower lobe diminished breath sounds anterior, crackles bilaterally lower lobes posterior

<b>Patient Problem</b>	<b>Time</b>	<b>Relevant Assessments</b> Indicate pertinent assessment findings.	<b>Time</b>	<b>Multidisciplinary Team Intervention</b> What interventions were done in response to your abnormal assessments?	<b>Time</b>	<b>Reassessment/Evaluation</b> What was your patient's response to the intervention?
DCO	0946	BP 107/68, HR 86 spo2 98% 4L NC, "what happened to me"	0946	Titrated O2 down to 2L NC, educated on importance of not taking ED medication with nitroglycerin due to severe hypotensive episodes.	0950	BP110/68, HR87, spo2 100% 2L, removed O2 therapy spo2 98% RA
DCO	0950	" I hope my tray is coming soon, I could really go for a burger and steak" BP 110/68, HR87 spo2 98% RA	0950	Educated on importance of low fat, low sodium diet.	0955	"Okay, I have a lot of changes to make"
DCO	0950	BP 110/68, HR87 spo2 98% RA	0955	Administered nitroglycerin transdermal 1/2in to right anterior chest date and time. Educate to keep on for 12 hrs.	1000	Verbalized understanding to not take ED meds with nitroglycerin.

Significant Event Documentation: Use the area below to document any significant events that happened during your time of care.

0914	Pt lost consciousness BP dropped to 85/53


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