

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Risk for decreased cardiac output Reasoning: presented w/ unstable angina, MI, Hx of HTN, SOB, Wt < 30 ml/hr Goal: pt will maintain Bp < 170/80 during my time of care Goal: pt will maintain SpO ₂ > 92% NC during my time of care	Assess Bp & HR ↳ Q 4h & PRN Assess SpO ₂ ↳ continuously Monitor weight daily Monitor I&O ↳ Q 4hr Assess heart & lung sounds ↳ Q 4hr	Administer antihypertensive med (take @ home) Apply & NC tritrate ↑ if needed until SpO ₂ is maintained @ > 92% Maintain fluid restriction; if > 2 lbs gain in 1 day call provider Maintain sodium restriction Elevate HOB > 30° Notify provider if diminished lung or heart sounds are noted
	Assess pt w/ cardiac monitoring continuously	If ST elevation occurs, notify provider immediately

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Acute pain Reasoning: Presented to ED w/ CP, took NTG for CP Goal: pt will maintain 0/10 pain during my time of care Goal: pt will verbalize proper administration of NTG when to use it	Assess pain - location, frequency, intensity ↳ Q 4hr & PRN Assess effectiveness of NTG 5-15 mins after admin Assess for facial grimacing, diaphoresis, RR w/ each encounter Assess HR, RR, & BP ↳ Q 4hr & PRN Assess knowledge on when to use NTG w/ each encounter	If CP administer NTG sublingual or bu olntment If unrelieved by 3rd dose of NTG administer IVP morphine Administer NTG / morphine IVP Elevate HOB; administer NTG / morphine IVP; initiate O ₂ NC Provide further education on NTG action & use

Assess for signs of restlessness, anxiety, w/ each encounter

Administer NTG, morphine IVP, apply O₂ NC