

## Nursing Problem Worksheet

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Anticipated Patient Problem  and  Goals	Relevant Assessments  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention  (Prewrite) What will you do if your assessment is abnormal?
<b>Problem: Decreased Cardiac Output</b> Reasoning: Presented with chest pain radiating down left arm, troponin 0.9, BNP 165, dyspnea, diaphoresis, Cx CAD <b>Goal:</b> The patient's heart rate will remain between 60-100 during my time of care. <b>Goal:</b> The patient will have adequate cardiac output as evidenced by present peripheral pulses in all extremities.	Monitor Spo2 at the beginning of my time of care, q4h, and PRN.	Apply oxygen via NC as needed for Spo2 below 92%.
	Assess apical heart rate at the beginning of my time of care and PRN.	Apply and begin ECG monitoring and notify healthcare provider of any sudden changes such as ST elevation throughout my time of care.
	Assess strength and presence of peripheral pulses at the beginning of my time of care and PRN.	Administer Aspirin 325 mg PO once daily as ordered by provider.
	Auscultate heart sounds, listening for any abnormal and normal heart sounds q4h and PRN.	Administer Enoxaparin Sodium 60 mg subcutaneously as ordered by the provider.
	Assess blood pressure q4h and PRN.	Administer nitroglycerin 0.4 mg PO as ordered by physician.
	Evaluate cholesterol and triglyceride values at the beginning of my time of care and PRN for lab draws.	Educate on cardiac diet and foods low in LDL cholesterol and high in HDL cholesterol as needed during my time of care.

Anticipated Patient Problem  and  Goals	Relevant Assessments  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention  (Prewrite) What will you do if your assessment is abnormal?
<b>Problem: Acute Pain: Chest</b> Reasoning: Reports chest pain that radiates down left arm, HR 120 on admission, respirations 24 on admission, diaphoretic, BP 158/92 <b>Goal:</b> The patient will report a pain level of 0 on a numeric pain scale by the end of my time of care. <b>Goal:</b> The patient will verbalize ways to control angina by medications by the end of my time of care.	Assess the patient's perception of pain using a numeric pain score from 0-10 at the beginning of my time of care and as needed.	Administer nitroglycerin 0.4 mg PO as ordered by physician.
	Monitor VS for signs of pain, including HR, BP, and RR at the beginning of my time of care and as needed.	Encourage rest and deep breathing exercises to relieve pain as needed by complaints of pain.
	Monitor the patient's body language for signs of pain as evidenced by facial grimacing, groaning, and guarding throughout my time of care.	Provide emotional support and therapeutic communication addressing all fears and concerns as needed throughout my time of care.
	Assess the patient's pain characteristics as needed by any reports of pain.	Administer Morphine Sulfate IVP 2 mg as ordered by the provider as needed during my time of care.
	Evaluate environmental factors that may contribute to the patient's pain during my time of care.	Provide a comfortable environment with minimal stimuli by providing blankets, dimming the lights, and reducing noise levels throughout my time of care.
	Evaluate any previous treatments and relief of pain as needed throughout my time of care.	Discuss alternative therapies that have worked previously to treat the patient's pain with primary RN and physician as needed during my time of care.