

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Decreased Cardiac output Reasoning: Tachycardia: HR- 120, 96, 88, angina Radiating down left arm, Activity intolerance, high Troponin 0.9, CK-MD 22 Goal: Goal:	Assess heart rate, blood pressure, and cardiac rhythm Q4hr + PRN	
	Assess breath and heart sounds Q4hr + PRN	
	Assess skin color and pulse Q4hr + PRN	
	Assess Bowel movement quality Q6hr + PRN	Request stool softener to prevent straining
	Assess activity level Q6hr +PRN	Cluster care and allow time for rest to minimize myocardial workload
	Monitor ECG for onset radiating chest pain IQ6hr + PRN	Administer 1 tab of Nitroglycerin, morphine sulfate for pain as ordered

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Deficient Knowledge Reasoning: Newly Diagnosed CAD, Sedentary lifestyle, High LDL 142, BM >35, Hx smoking 2 packs/day Goal: Pt will verbalize New diet components, Low in sodium, fat during My time of care. Goal: Pt will verbalize When to take Nitroglycerin and S/Sx During my time of care.	Assess knowledge of CAD and management Q6hr + PRN	Educate on medication regimen and s/ sx of stable vs. unstable angina.
	Assess knowledge of taking nitroglycerin Q6hr + PRN	Nitroglycerin cause vasodilation to reduce myocardial workload. Self admin oral 1-tab Q5min max 3 dose.
	Assess knowledge of ACEs and ARBs Q6hr +PRN	Help with hypertension, lowering BP. Monitor BP prior to use to avoid severe hypotension
	Assess knowledge of using statins Q6hr + PRN	Used to lower cholesterol - LDL
	Assess knowledge of lifestyle modification goals Q6hr + PRN	Educate on importance of smoking cessation, minimizing/cutting alcohol use and ambulation daily for at least 30 minutes.
	Assess meal tray Q6hr + PRN	Educate on need for low sodium, low fat and low cholesterol diet