

Nursing Problem Worksheet

Name: Jada C.

Anticipated Patient Problem and Goals	Relevant Assessments (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prework) What will you do if your assessment is abnormal?
<p>Problem: Decreased Cardiac output</p> <p>Reasoning: Decreased cardiac output AEB pt having chest pain SOB and fatigue.</p> <p>Goal: Pt will have a blood pressure within range of 60/90-120/80</p> <p>Goal: Pt will demonstrate using teach back what a sodium restriction is and how it is beneficial to them during my time of care.</p>	Monitor urine output Q8hrs.	Administer furosemide prn per the M.D's order.
	Assess B/P and HR Q4hrs.	Administer Hydralazine and Carvedilol
	Assess O2 stats and Respirations.	Administer 2L of oxygen NC continuously.
	Assess knowledge about sodium restrictions on initial assessment.	Provide education on why a sodium restriction is needed on initial assessment.
	Assess knowledge on HF	Educate BID with packet BID
	Assess daily wt	Hold fluids and educate on sodium restriction.

Anticipated Patient Problem and Goals	Relevant Assessments (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prework) What will you do if your assessment is abnormal?
<p>Problem: Acute pain</p> <p>Reasoning: Pt has chest pain that radiates down left arm</p> <p>Goal: Pt will report satisfactory pain control and decreased intensity on a 0-10 scale by the end of my care</p>	Assess for pain (frequency, depth, and quality) Q4hrs.	Administer analgesics prn or as MD ordered.
	Assess pts response to pain medications Q2hrs.	Provide different relaxation or distraction techniques (music, tv, deep breathing) Q4hrs
	Assess what cultural, environmental, or intrapersonal factors may contribute to pain or pain relief during	Incorporate pain relieving methods that may be cultural, environmental, or intrapersonal prn or

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Goal: Pt will use pharmacological and non-pharmacological pain management strategies by the end of my shift.	assessment	Q4hrs
	Assess if the pt. has pain with activity Q8hrs	Provide rest periods to facilitate comfort, sleep, and relaxation prn
	Assess pts goals for their pain on initial assessment	Educate and help the patient pick realistic specific goals on initial assessment
	Evaluate pain after 1hr-30mins of giving medications	If pain is not better call MD to get a breakthrough pain medication during this evaluation