

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Risk for unstable blood glucose	Assess Blood glucose Q4hrs	Administer insulin as prn per the M.D's orders
Reasoning: Pt does not check their glucose regularly AEB blood sugar is out of the 70-110 range Goal: Patient will maintain a blood glucose within 70-110 during my time of care. Goal: Pt will verbalize the signs and symptoms of hyper and hypoglycemia by the end of my shift.	Assess for signs of hypoglycemia Q4hrs	If pt is awake and talking give 4oz of juice
	Assess pt's knowledge on calorie counting for meals during meal times	Educate and instruct client on how to count calories during meal times
	Assess for signs of hyperglycemia Q4hrs	Administer short-acting insulin as ordered
	Assess pts knowledge on diabetes on initial assessment	Provide the client with pamphlets and handouts during assessment
	Assess pt's knowledge on s/sx of hyper/hypoglycemia on initial assessment	Educate on what they are and how to treat them on initial assessment

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Deficient knowledge	Assess pt. knowledge on self-administering insulin on initial assessment	Demonstrate and have the pt. successfully draw up and administer insulin on initial assessment
Reasoning: Pt does not know how to self-administer insulin Goal: Pt will successfully self-administer insulin by the end of my care. Goal: Pt will verbalize why it is important to know the s/sx of hypo/hyperglycemia	Assess pt.'s knowledge on self-monitoring glucose on initial assessment	Educate the patient on normal ranges of blood glucose during this assessment
	Assess pt.'s knowledge on what kind of diet they're on during assessment	Provide the pt. will different examples of what's good for them and what not during this assessment
	Assess pt.'s knowledge on why exercise is important with diabetes on initial assessment	Educate and help pt create an activity regime that is easy to follow during this assessment
	Assess knowledge on preventive measures Qshift	Educate on the importance of follow up appointments during

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		this time
	Assess if environment is learning friendly during initial shift	Provide a quiet area to educate the patient during this time.