

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments	Multidisciplinary Team Intervention
Problem: Unstable blood glucose lvl Reasoning: Capillary blood glucoses of >200, non- controlled eating habits Goal: Pt. blood sugar will remain below 250 during my time of care. Goal: Pt. will be able to effectively check ones own blood sugar at least once during my care time.	(Prework) What assessments pertain to your patient's problem? Include frequencies	(Prework) What will you do if your assessment is abnormal?
	Monitor for the presence of an infection	Educate on the need to more frequently monitor blood glucose
	Monitor pt. blood glucose lvls q 4 hrs or before meals/bedtime	Administer insulin according to the sliding scale q check, prn
	Monitor the pt. A1C q 3 months	Keep pt. on a carbohydrate-controlled diet
	Assess the pt. ability to properly check glucose	Walk them through steps to properly complete glucose check for home
	Assess pt. weight q week	Encourage physical activity and life style changes
Monitor the odor of the pt. breath for fruity breath every time you talk to pt.	Give insulin immediately after accucheck	

Anticipated Patient Problem and Goals	Relevant Assessments	Multidisciplinary Team Intervention
Problem: Deficient knowledge Reasoning: uncontrolled high blood glucose, Unable to properly self-administer insulin Goal: Pt. will be able to verbalize the different s/sx for hypo/hyperglycemia by end of care day. Goal: Pt. will be able to effectively monitor and self administer insulin before discharge.	(Prework) What assessments pertain to your patient's problem? Include frequencies	(Prework) What will you do if your assessment is abnormal?
	Assess current understanding of what the pt. believes the diabetes is at beginning of day	Educate on what type 1 diabetes is
	Assess pt. learning lvl at beginning of care day	Provide written material for pt. to keep and look back on
	Assess pt. eating habits before hospitalization	Educate on what food to eat and how to to maintain diabetic diet out of hospital
	Assess physical activity lvl at least once per day	Educate pt. that glucose can raise during exercise and it is important to monitor it before, during and after
	Assess for pt. ability to properly administer insulin before eating, sleeping and before discharge home	Educate on how to administer and where to administer insulin
Assess pt. ability to notice signs/symptoms of hyper/hypoglycemia	Provide writing/image of the different s/sx for hypo/hyperglycemia	

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