

Nursing Problem Worksheet

Name: Hannah Collins

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Risk for Unstable blood glucose Reasoning: Newly Dx DM, presented in DKA Goal: pt will maintain glucose >70, <100 during my time of care Goal: pt will verbalize s/s of hypo/hyperglycemia that should be reported @ the end of my care	Assess blood glucose BIDACHS & PRN	Administer glucagon IM, dextrose IV, or insulin <small>(depending on trend)</small>
	Assess understanding of disease, meds, glucose monitoring vs/s to report @ 1st encounter or if statements made indicate need for further teaching	provide further teaching, provide written education
	Assess diet @ meal times	Ensure client is eating all meals while receiving insulins, ensure client is following carb diet, provide education on importance of eating to prevent hypoglycemia
	Assess pt's self-admin of insulin before pt is discharged	provide further education if needed
Assess for s/s of hyper/hypoglycemic episodes w/ each encounter	Administer glucagon IM, dextrose IV, or insulin <small>(depending on trend)</small>	
	If hypoglycemic event occurs & is Tx, reassess blood glucose q15min until >70	Administer more, glucagon or dextrose

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Deficient Knowledge Reasoning: Newly Dx Type 1 DM, presented DKA, started on insulin, no yo Goal: pt will verbalize s/s of hyper/hypoglycemia to report during my care Goal: pt will verbalize rationale for types of insulin & what each does during my care	Assess learning style & level during teaching	Customize teaching for pt's needs so it's most effective
	Assess family support & knowledge on disease & Tx @ 1st encounter	include family in all teaching & in the plan of care
	Assess pt's self-admin of insulin before pt is discharged	provide education if needed on proper med admin
	Assess pt's resources for support of disease before discharge	provide support group info., connect pt w/ diabetic educator
	Assess understanding for need of carbohydrate diet @ meals & before discharge	provide education on purpose/importance of diet, refer to nutritionist
	Assess understanding of action for glucose, glucagon & insulin @ admin	provide education on info of meds (i.e. action, SE, onset/peak/duration)