

Nursing Problem Worksheet

Name: Rachel Dietz 3/19/24

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired gas Exchange Reasoning: Cough, SOB, Congestion, WBC 11.4 Goal: Pt will use IS 10 times Q1hr during My time of care. Goal: Spo2 will Remain >94% during My time of care.	Use pulse oximetry and auscultate lung sounds Q4hr + PRN	Administer supplemental 2L NC PRN Spo2 <94%
	Assess respirations quality, rate, rhythm and depth Q4hr + PRN	Elevate HOB 35 degrees
	Assess quality of deep breathing exercises Q1hr + PRN	Encourage use of IS 10 times Q1hr
	Assess activity level Q4hr + PRN	Assist in ambulation, and cluster care and allow time for rest.
	Auscultate lung sounds Q4hr + PRN	Position patient on side lying to facilitate ventilation perfusion
	Monitor blood culture and WBC signs of infection decline Q12hr +PRN	Administer AZITHROMYCIN in D5W 500mg Q12hr IVPB

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Unstable Glucose levels Reasoning: newly Diagnosed Type 1 Diabetic, glucose 452, A1C 10.5 Goal: Pt will maintain Blood glucose 70-110 During my time of care Goal: Pt will teach back Blood glucose check & administering insulin	Monitor glucose levels QID + PRN	Administer Insulin Lispro low scale 10 units subq
	Monitor signs of Hypoglycemia Q4hr +PRN	Check glucose level -If conscious provide 4oz OJ, unconscious w/ IV Administer Dextrose 50% IV 25gm/mL hypoglycemia protocol - recheck Q15min until stable (70) and then 1 hour after
	Assess knowledge of DM and diet regimen Q6hr + PRN	Educate on s/sx to look out for hyper/hypoglycemia and self tx
	Monitor signs of Hyperglycemia Q4hr +PRN	Check glucose level-Administer Insulin Lispro low scale 10 units subq
	Assess ability to self-monitor blood glucose Q6hr +PRN	Educate on how to check blood glucose technique and range of normal blood glucose
	Assess ability to self-administer insulin Q6hr +PRN	Educate on administration sites and rotating injections. How to properly draw up insulin.