

Pressure Injury Prevention Best Practices

- **Within 4 hours of admission and transfers** - The two-nurse skin assessment must be completed and documented in Cerner.
- **Within 24 hours of admission** - Adult Patient History must be completed.
 - This information triggers the nutritional consult.
- **Within 24 hours of admission** - Present on Admission (POA) pressure injuries must be documented.
 - If not documented **within 24 hours**, the pressure injury is counted as hospital-acquired and is counted against us as a Nursing Sensitive Measures and for reimbursement purposes.
- **Each shift**
 - The skin reassessments must occur.
 - The Braden score must be accurate and documented each shift.
 - The nurses must complete their own assessment per shift. Previous documentation of Braden and skin assessments cannot be brought forward (i.e. copy/pasted).
 - Nourishments and percent of food eaten must be documented so the dietician can determine dietary needs for each patient
 - Documentation of pressure injuries, stage and Braden Score must be accurate. This documentation flows over into the provider's progress notes and is eventually used for coding purposes and reimbursement.
- **Every 24 hours at the same time EVERY DAY** – Weigh the patient.
 - Make sure to know how to **ZERO OUT** the patient's bed to ensure accurate weights each day.
 - This practice assures that the previous patient's weight is not used for clinical decisions and care.
 - Ensure that the proper conversion of pounds to **KILOGRAMS** is accurate.
 - This practice assures that the nutritionist or dietician gets the referral.
 - Make sure the same amount of linens are on the bed each time a weight is measured.
 - If a patient has a prosthesis – weigh with or without the prosthesis but be consistent with each weight.
- **Read and understand** - Pressure Injury Prevention & Treatment Plan policy.
 - Know the interventions required for patients that are both low and high risk for development of pressure injuries.
 - No more than **three** layers under the patient.
 - Undergarments and clothing count as layers.
 - Use of incontinent pads, barrier creams, turning and repositioning tools, etc.
 - **Patient repositioning every two hours to reduce pressure on bony prominences.**
 - Use heel boots or pillows to float heels off the bed surface.
 - Know how to apply and use a sacral foam for pressure injury prevention.
 - **EVERY** patient that meets the following criteria should have a sacral foam in place unless urine or stool incontinence prohibits the foam from adhering.
 - Total Braden Score of <15
 - Low Braden Score for mobility (very limited or completely immobile)
 - Low Braden Score for sensory perception (very limited or completely limited)
 - Scarring from previous pressure injury
 - BMI>40
 - Excessive weight loss/malnutrition
 - All ICU patients



Skin Health

Beebe Skin Care Guidelines



1 CLEANSE

- For overall body bathing, use Facility protocol
- For incontinence cleansing, use Sensicare Perineal Spray
- Apply to wet or dry cloth, or directly on skin
- Gently dry the skin when applicable.
- Avoid vigorous rubbing or scrubbing



2 MOISTURIZE

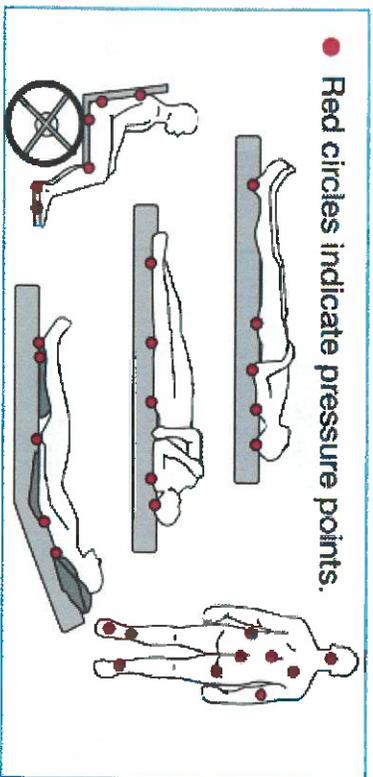
- Apply Facility Moisturizer as Directed
- Avoid massaging red, bruised, or discolored skin, or over a bony prominence
- Inspect skin for signs of breakdown especially over bony prominences, and under breasts, abdominal folds, axilla areas, heels, ankles
- Remove socks or support hose daily to inspect feet for signs of pressure or skin breakdown

PREVENT

- Apply Sensicare Clear Zinc to intact skin exposed to incontinence.
- Inspect skin with each incontinent episode to identify early breakdown.



Focus on Prevention of Skin Breakdown in High Risk Areas and over bony prominences such as: Sacral, Heels, Elbows, Back of Head, Scapula



TREAT

- Apply Sensicare Protective Barrier to non-intact skin exposed to incontinence.
- Inspect skin with each incontinent episode to identify early breakdown.
- For incontinence cleansing, AND Sensicare Protective Barrier removal- use Sensicare Perineal Spray

