

ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, medium, or high risk? What interventions in Dale's care should you be implementing? (I used his chart on ATI) (Use your resources from class and clinical Fall Risk Score Interventions)
 - a. 45 points
 - b. High Risk
 - c. Ensure frequently used items are in reach, maintain adequate lighting, use nonskid footwear, apply fall risk band, maintain bed in lowest position, ensure bed alarm is on, remain with clients while toileting, accompany client to and from bathroom and ambulating.
- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
 - a. _Dale demonstrated the incentive spirometer incorrectly. Instead of blowing out Dale needed to take a deep breath and blow out. Then place the mouth piece in their mouth then breath in like your pulling a thick milkshake through a straw._
- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
 - a. _It does not have a pain number when it should be given and the exact amount to give when pain is at that number_
 - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? _2mL's_
- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
 - a. __Elevate the heels off the bed with pillows __
 - b. __The skin will begin to breakdown on the heels __
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. __Educated on the use of the call bell before getting out of bed__
 - b. __Using the gait bell to assist with sitting from standing__
 - c. __safely used of assistive devices such as the walk to aid in transfer and having nonskid footwear on__
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe: __Yes, the whole medical team utilized therapeutic communication techniques by respecting dales pronouns and explaining everything that is going on. Also listened to any concerns that the patient and the partner and answered them to the best of their ability. __
 - b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient. (Green writing)
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: I would say yes for the acute pain because towards the end of the stimulation the pt. had pain and morphine was administer for it. (Acute pain)
 - b. If **no**, write what you now understand the priority nursing problem to be: I learned that it was not risk for infection but risk for falls instead.
- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: They could of did a little ice therapy with the pain was at a 2 to help the pain low and when the pressure started for build on their heels the nursed use pillows to elevate to relieve pressure.
 - ii. If **no**, describe:
- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes
 - a. How did that impact the nursing care delivered? this impacted the care by having to reposition the patient in a way to provide more air in the lungs. Since when auscultating the lungs crackles were heard and it allowed for a major teaching point on how important it is to get up out of bed and start moving.
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: Risk for fall, Impaired gas exchange by evidence of crackle while listening to them

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: The biggest take away from participating in this care of the patient is to always take the word of the patient’s pain. This was seen when the partner did not believe that dales pain was only a two and was like are you sure. Then to always complete a throw neurovascular assessment because will compression and surgery things can go sideways quick. This impacted my nursing practice by stressing the importance of following trends because even on small deviation from baseline can mean something serious is going on. Then to always take the patient’s word when it comes to reporting pain and the need to educate repeatedly the limitation that the individual have to avoid injuring themselves.